

WORKSHOP

Rethinking Complex Dissociation:

Integrating Neuroscience and Innovative Treatment Approaches



 19 MARCH 2025  8:30AM - 5:30PM

 NSW TEACHERS FEDERATION CONFERENCE CENTRE, 37 RESERVOIR ST, SURRY HILLS NSW 2010

Workshop Schedule

8.30am - 9.00am: *Welcome and Introduction*

9.00am - 9.45am: *Session 1: Introduction to Complex Dissociation and its Treatment with Evidence-Based approaches*

- Discussant: Dr Ruth Lanius (via Zoom)

9.45am - 11.15am: *Session 2: Cybele: Neurofeedback in the treatment and understanding of Complex Dissociation*

- Presenter: Sebern Fisher

11.15am - 11.30am: *Morning Break*

11.30am - 12.15pm: *Session 3: Emerging Evidence for Neurofeedback: From Real-Life Data to Randomised Control Trials – Research*

- Presenter: Mirjana Askovic
- Discussant: Dr Ruth Lanius (via Zoom)

12.15pm - 12.30pm: *Discussion and Q&A*

12.30pm - 1.30pm: *Lunch Break (Demonstration of a Neurofeedback System in the Foyer)*

1.30pm - 2.30pm: *Session 4: Introducing Deep Brain Reorienting Through a Case Conceptualisation*

- Presenter: Dr. Jessica Christie-Sands in discussion with Sebern Fisher

2.30pm - 2.45pm: *Q&A on DBR*

2.45pm - 3.15pm: *Session 5: Deep Brain Reorienting Emerging Data in Individuals with PTSD and Complex Dissociation*

- Discussant: Dr. Ruth Lanius (via Zoom)

3.15pm - 3.30pm: *Afternoon Break*

3.30pm - 4.15pm: *Session 6: Integrating Trauma Therapy, Neurofeedback, and DBR (Panel Discussion and Q&A)*

4.15pm - 5.00pm: *Demonstration of DBR*

- Presenter: Dr Jessica Christie-Sands

5.00pm - 5.30pm: *Q&A*

Self-Paced Learning

Dr. Frank Corrigan has recorded an exclusive one-hour lecture on the nature of dissociation, which all participants will have access to via ANFI's Online Portal.

In addition, his case demonstration will be screened, with commentary and explanations of the DBR process provided by Dr. Jessica Christie-Sands.