



Neurofeedback in Clinical Practice

36-HOUR DIDACTIC TRAINING



BCIA CERTIFIED MENTORS



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About Us

We are leaders in the field of Neurofeedback and trauma, and have experience in working with clients with complex and chronic presentations. This course is based on our clinical expertise in using Neurofeedback as a tool for trauma recovery in combination with other therapeutic modalities.

We work with partners in Academia and researchers in the field of neuroscience and trauma to develop high quality neurofeedback treatment for clients suffering from PTSD, anxiety and depression.

We are currently conducting research with the University of Sydney, University of NSW and Macquarie University. Our clinical work with trauma affected clients has been endorsed by Prof. Bessel van der Kolk, Sebern Fisher, Dr Norman Doidge, Jay Gunkelman & Prof. Juri Kropotov.

Our Courses

Our courses are a balanced blend of both theoretical learning and practical application. This focused learning environment optimises the impact of training.

Our Team

All ANFI courses are taught by highly skilled clinicians with extensive teaching and training experience. The ANFI training team consists of senior psychologists, BCIA-A certified Neurofeedback mentors and certified QEEG Diplomates.

Our Clients

We provide training for the general public, leaders of public services and all health professionals working with trauma.

Our Certification

The ANFI 36-hour Didactic Training in Neurofeedback course was accredited following extensive review by both the International BCIA Board and BCIA-Australia in 2020.

Our approach to Didactic Training

- ✓ ANFI was accredited in 2020 following extensive review by both the International BCIA Board and BCIA-Australia.

This is an intensive programme, covering a range of clinical topics through a unique combination of online and face-to-face training.

All our trainers are experienced trauma therapists, and they will help you integrate what you learn about neurofeedback into your current clinical practices.

✓ We aim to provide you with:

Experts in the field

You will have the opportunity to learn from experts in the field of trauma and Neurofeedback. You will also benefit from the ability to ask questions and gain advice from our trainers who are BCIA certified Neurofeedback mentors.

Self-paced Training

This style of training enables you to interact with your fellow trainees. Via our online platform, you will be able to take part in group discussions and practical exercises without leaving home.

Focused Learning Environment

One of the key advantages of in-person, classroom-style training is the focused learning environment. In addition, our in-house practicum allows us to customize the course content to be relevant for your clinical practice.

Confidence to Implement

Our delivery style of combining theory, practice, and experiential learning will give you confidence in your ability to use Neurofeedback with your clients.

Why attend this course?

This post-graduate level course is open to health professionals interested in brain and neuroplasticity.

- A wide range of studies in applied neuroscience have demonstrated the clinical effects of Neurofeedback training for improving the electrical activity of the brain and subsequently improving daily functioning, and health and well-being outcomes.
- Neurofeedback is emerging as an effective adjunct to traditional methods used in therapy for clinical health difficulties. It can also be used for performance enhancement training.



What is Neurofeedback?

Neurofeedback, often referred to as EEG Biofeedback or brain wave training, is a type of biofeedback. Like other forms of biofeedback, Neurofeedback training uses monitoring devices to provide moment-to-moment information to an individual on the state of their physiological functioning. The characteristic that distinguishes Neurofeedback from other biofeedback modalities is a focus on the central nervous system and the brain. Neurofeedback training has its foundations in basic and applied neuroscience and observations in clinical practice. It takes into account behavioural, cognitive, and subjective aspects as well as brain activity.





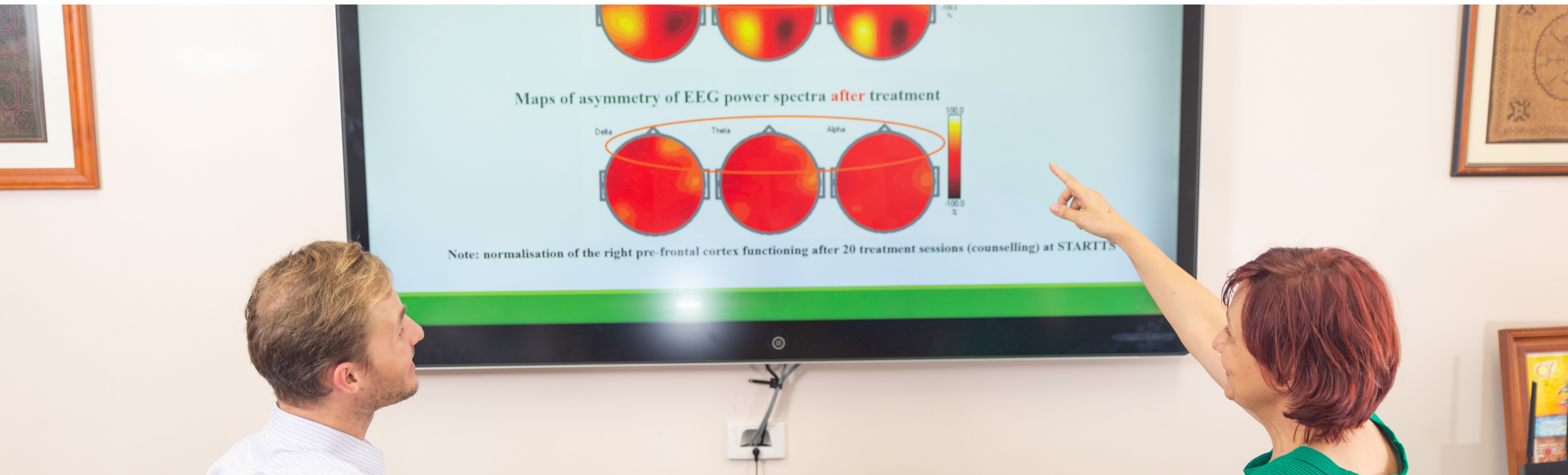
What this course includes

- Access to comprehensive support materials via an online learning portal.
- Practical hands-on training, provided online or on-site.
- Demonstration of evidence-based Neurofeedback protocols.
- Practical tips for integrating Neurofeedback in your clinic.
- Training and mentoring from experienced and certified trainers.

Why choose our approach?

With almost 20 years of experience integrating Neurofeedback and Trauma Therapy in clinical practice, our course introduces Neurofeedback as a significant therapeutic intervention that can assist in managing a range of conditions related to complex and chronic trauma.

Neurofeedback training can also enhance performance in healthy clients and it could be an opportunity for mental health professionals to learn more about the potential of Neurofeedback to improve brain health and functioning.



Objectives of the 36-Hour Program

This didactic education program is designed to teach the competencies required for BCIA Certification in Neurofeedback.

In addition, the course will provide continuing professional development in relation to:

1 Mental health assessment, diagnostic formulation, and treatment of psychological problems and mental illness in health contexts.

2 Knowledge of psychopathology, neurobiology and neuropsychology relevant to mental health, clinical and health psychology and behavioural medicine.

3 Transformation of research and evaluation findings into evidence-based interventions for mental disorders (focusing on EEG biofeedback methods).

4 Understanding and communicating ethical obligations, e.g. consent, working within scope of practice.

Getting Certified



1

**SELF-PACED
ONLINE**

2

**IN-HOUSE
PRACTICUM**

Course Content

Part 1: Self-Paced Learning (22 hrs)

Online modules:

1. Orientation to Neurofeedback – 4 hours
2. Instrumentation & Electronics – 4 hours
3. Basic Neurophysiology & Neuroanatomy - 4 hours
4. Psychopharmacological Considerations – 2 hours
5. Research Evidence Base for Neurofeedback – 2 hrs
6. Current Trends in Neurofeedback – 2 hrs
7. Ethical & Professional Conduct – 4 hrs

Sent to you 2 weeks prior to the course commencement

- Video recorded lectures;
- Reading materials with compulsory and recommended articles;
- Assessments to test your knowledge;
- Access to Forum to post questions;
- 2h Zoom tutoring for Modules 3 and 4.

Course Content

✓ Part 2: Practicum face-to-face training

- **Demonstration of the patient/client assessment**
- **Neurofeedback Protocol development**
- **Treatment implementation**
- **Ethical considerations**

- Hands-on practice using EEGer System;
- Opportunity to try different protocols;
 - Discussions.

Prerequisite Qualifications

To enrol in this Neurofeedback Training Course for Mental Health Practitioners, candidates must already be registered for independent health practice in one of the 15 professions regulated by [AHPRA](#). Non-registered health practitioners must be an active member of one of the allied health professions represented by [AHPA](#) (see ordinary and affiliate member lists). Non-health professionals may complete this training as a Technician, with evidence that they are working under the direct supervision of a suitably qualified health professional.

You must select at least one

- Are you currently registered for independent health practice in one of the 15 professions regulated by [AHPRA](#) in Australia?
- Are you currently an active member of one of the allied health professions represented by [AHPA](#) (see ordinary and affiliate member lists)?
- If you are a non-registered health professional, are you currently working as a Neurofeedback Technician under supervision of a BCN Mentor when treating a medical or psychological condition?

To complete the requirements for BCIA-A Certification (Neurofeedback), candidates must successfully complete the coursework & assessments in the NFB training course, and; must successfully complete the BCIA-A entry examination provided at the end of the course.

3 Ways to get in touch



Talk to us

You can reach us by phone (Mon - Fri 9am to 5 pm). We will be happy to answer questions, advise on the best option for your training, or book you a place for an upcoming course.

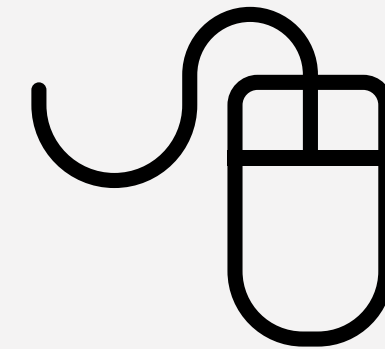
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Request more information

Click the button below and simply leave your details on our contact form. We will do our very best to get back to you within 24 hours.

[Leave a message](#)

Our Trainers:



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